

ADVOCACY MATTERS

5 Steps to Share Your Voice



Advocacy helps influence laws, funding, and programs that support children and families.

Your voice matters.

When families speak up, programs and policies work better for real people.

1 Understand the System

Rules and policies that affect children are made at the local, state, and federal levels.

In Nevada, many important decisions about early childhood services happen at the Nevada Legislature and state agencies. Understanding who runs which programs, how decisions are made, and who has the power to do something will help you reach the right people and share your concerns effectively.

2 Document Your Issue

Clearly identify the issue that matters most to you and your family. Helpful tips:

- Write down important dates and details
- Include personal experiences and examples
- Be specific about what happened and why it matters

Write your story and share it with someone you trust. They may help you make it clearer or stronger.

3 Know Who to Contact

Start by contacting the program or agency involved in the issue. If you do not get a response or the issue is not resolved you may want to reach out to your legislator who can ask questions and may help if policies need to be changed. Not sure who your legislator is? Use this QR code or link to find out →



<https://leg.state.nv.us>

4 Share Your Story

When you are ready, share your story with the right person. You can call or email an agency or elected official, attend a meeting, or submit written or public comment during public meetings. When sharing your story, say who you are and where you live, briefly explain the issue, share how it affects your child or family and ask for specific action.

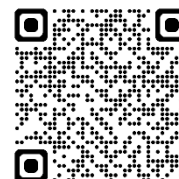
5 Follow Up and Stay Engaged

Advocacy does not end after the first contact. Stay involved by following up if you don't hear back. Send thank you notes to those who respond/help. You can also join advocacy or parent groups and connect with other families to share your experience. Change takes time. Staying engaged helps turn your voice into action.

Your voice has power. Even one story can make a difference.

Have questions or need additional assistance? CONTACT US!

If you need assistance finding or accessing programs, identifying contact information for specific programs, or have general questions about how you can advocate, we can help. Use the QR code and select "Contact Us" or email us at Info@First5Nevada.org



First 5 Nevada, a program of The Children's Cabinet, brings together programs, services, and information in one place – helping families with young children find the resources they need, when they need them.

www.First5Nevada.org